



TASK 1 Becoming an Active Reader

Below are six gradual steps to follow as you read the text on your own. These **comprehension strategies** (閱讀理解策略) help you monitor your understanding. Remember that being an active reader is also being an active questioner. Jot down ideas and your responses to the text so you can reflect again later.

➡ **Complete the chart in 15-20 minutes.** It's okay that you don't fully understand the text. Make guesses from the context without looking up every unfamiliar word.

1	Read the Title	The title is
2	Make Prediction	Based on the title, I think the article is about
3	Read Aloud	I read the article out loud on ____ / ____ (month/day).
4	Identify Main Ideas
5	Comprehension Check	<input type="checkbox"/> I have finished the Reading Comprehension of this lesson. (pp.31-33)
6	Ask Good Questions	Q1. (within the text) Q2. (beyond the text)

TASK 2 Skimming (略讀) for the Big Picture



A. Read the following passage taken from the UNC Learning Center and decide which of the following statements correctly describes skimming. (Scan the QR code for more information.)

- Skimming is reading a text quickly in order to find specific information, e.g., figures or names.*
- Skimming is reading a text to get the gist rather than concentrating on absorbing all the details.*

Skimming

Do you ever feel like you spend way too much time reading? Do you have trouble determining (決定) which parts of a text are the most important? Do you wish you could collect information from books in a quicker and more efficient way? If so, consider skimming next time you sit down to read a text.

What is skimming

Skimming is a strategic (策略性的), selective (選擇性的) reading method in which you focus on the main ideas of a text. When skimming, deliberately (有意地) skip text that provides details, stories,

data, or other elaboration (詳盡闡述). Instead of closely reading every word, focus on the introduction, chapter summaries, first and last sentences of paragraphs, bold words (粗體字), and text features.

B. Read first and last paragraphs

Read paragraphs 1 and 5 of *Goodbye, John* and complete the passage below.

..... writes this letter to in order to tell him that
..... because she needs to
.....

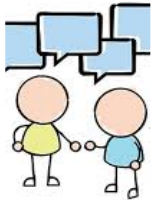
➡ Do you think the purpose of the letter is clearly expressed in the two paragraphs ?

C. Read first and last sentences of body paragraphs

Read the first and last sentences of paragraphs 2 to 4 and complete the passage below.

(¶12) Sally feels h..... having to end her relationship with John, who has
i..... her to many new experiences. (¶13) In fact, things have been
..... since John came into her life. Despite the romantic feelings, Sally finds it
difficult to stay f..... on her studies. (¶14) In addition, having John around actually
..... her relationships with friends and family, who are now and
..... with her.

➡ Do you think without reading every word, you can still get the general idea of the letter?



PAIR Have a conversation with a partner about the two questions here.

- 1. Does skimming help to get the gist of the text?
- 2. When will you use this reading strategy again?

TASK 3 A Dear John/Jane Letter

A. Read the letter *Goodbye, John* carefully. Who do you think Sally is beaking up with? Is “John” a real boy? While you read, highlight two clues (線索) that help you figure this out. Be ready to express your opinion.

I think that John is a(n)....
To begin with,
Also/Besides,
These clues tell me that

B. A Dear John/Jane letter is a letter written to a **romantic partner** to inform him/her that It is hard to write one. You don't want to hurt the other's feelings, but you know you need to get your point across. How is it done? Here are some dos and don'ts. Read through the six guidelines and look up the words you don't understand.



- Start the letter by expressing thanks for what you have learned in the relationship and for the wonderful times you have spent together.
- Mention some good points about this person and/or some positive things he or she has brought to you.
- Avoid criticism. Don't write anything harsh or blame this person. Even when talking about his or her bad points, express them in a positive way.
- Be firm and leave no doubt that you want to end the relationship.
- Give one clear explanation of why you want to end the relationship and make it about you, not about the other person.
- Ask for his or her understanding.

➔ Read *Goodbye, John* again and find out if Sally follows the dos and don'ts when writing the letter. Put a check (✓) in the circle next to the guideline if you find evidence of it.

C. **GROUP** Share what you have found in part B in a group of four. Use the following hints to express your ideas. When your partners are talking, **listen attentively and give nonverbal feedback**, such as gestures or facial expressions, to show your interest in their talk.

In Line/Paragraph of the text, it says "....." I think Sally is trying to (the content of the guideline).

E.g. In Paragraph 5 of the text, it says "Please don't take any of this personally. You're truly wonderful and I'll miss you terribly." I think Sally is trying to make it about herself, not about John, the smartphone.

■ Post-Reading Activity

TASK 4 When Relationships End

A. **GROUP** Do you have experiences of ending a relationship with someone? If yes, recall what happened and use 5W1H to talk about it. If no, listen to what your partners have to say.



- **Who** was the person?
 - **When** and **where** did it happen?
 - **How** did you feel?
 - **What** did you do?
 - **What** was his or her response?
- ➔ Do you think the breakup was done in a respectful and kind way?

B. **Writing Task**

When you want to end a relationship, it's better to have the breakup conversation face-to-face. But if you don't feel safe enough to meet and break up in person, end it by writing a letter.



Let's practice writing a breakup letter.

- ① You can end a relationship with a **real person, an imaginary person, or with some kind of addiction or habit** you would like to quit.
- ② When you write, follow the six guidelines in Task 3 B.
- ③ Please read the breakup letter examples on page 4.
- ④ Write your first draft on a piece of paper. We will write the second draft together on a computer.





Breakup Letter Examples

Source: LoveToKnow Media

Lost Love

When you fall out of love, it's time to let go. Try to get your point across as gently as you can with a breakup letter like this one.

Dear Jill,

I'll always have a special place in my heart for you. At times, our relationship felt like it was the best thing that had ever happened to me, but lately, everything has felt wrong. It pains me to admit this, but my love for you has faded away.

I can't stay in a relationship where there is no love, and it isn't fair to you to be stuck in a relationship that's a lie. I hope you're able to move on, and meet someone who will love you the way you deserve to be loved.

Sincerely,

Roy

Someone New

If someone else has captured your heart, be honest with you partner and make a clean break. A letter worded like the one below will help you do it as kindly as possible, even if the other person feels it is a sad breakup letter.

Dear John,

It's not easy to tell you this, but I recently began spending some time with a man from work. You don't know him, but over the course of the last few weeks, I've realized he and I have a connection I can no longer pretend doesn't exist.

It's not fair to you for me to pretend our relationship is going to work when I know in my heart my attention is elsewhere. You deserve someone who will love you, and only you, and I know you will find someone who will treat you right.

I'll always remember our time together as a special time in my life. I hope you can forgive me and realize my leaving is the best thing for everyone involved.

Sincerely,

Mary

Romantic Breakup Letter

Writing a break up letter to someone you love often takes on a more sad, emotional tone. If you have strong feelings of love for someone, but know the relationship just can't work you can try writing a romantic goodbye breakup letter.

My Dearest Shawn,

As I write, I already feel that I will regret this letter forever. You brought me a joy like no other man ever could at a time I needed it most. You brought out the best in me by simply being you. Your love has lifted me to the greatest heights imaginable.

I am deeply hurt, and my heart will undoubtedly be scarred because we can't be together. I don't think I'll ever find a love as true as ours, and I'm not sure I ever want to try.

Although you can't take me with you, I've given you my heart to keep forever. Cherish it as you've cherished me, and we'll always be together.

With Deepest Love and Sympathy,

Rachelle

Differences in Hopes and Dreams

It's possible to care for someone deeply and still find yourselves heading down different paths in life. Break up with a letter that states the truth but still shows you respect and care about your soon-to-be former partner.

Dear Mark,

We have to be realistic when we look at our potential future together. After we had talked about our plans for the future, it became obvious to me, and probably to you too, that our futures just don't align. We want different things, and this is just too much to ignore.

It's best we part now and learn to live without each other instead of going on together knowing it will someday end. I hate that it has to be this way, but I can't disregard my hopes and dreams for the future. I also know you would not be happy if you gave up your dreams for me either.

Even though it hurts right now, this is what's best for the both of us. I'll always love you.

Laura

