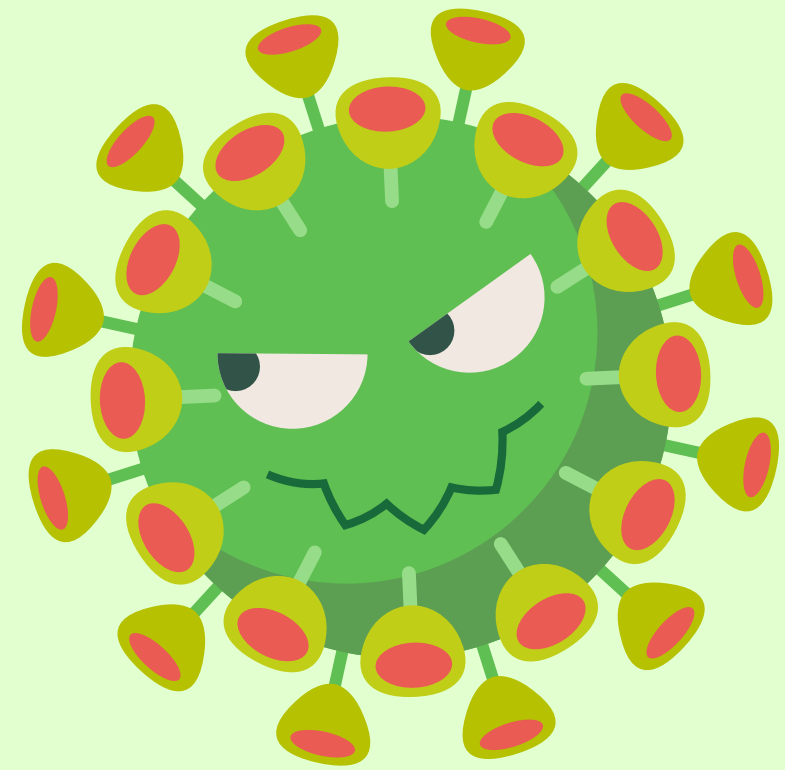
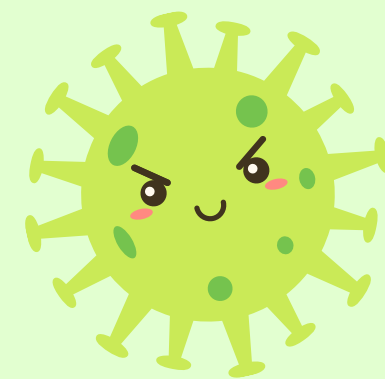


When My Body Says No

無可奈何，須得安命。怨嘆躁急，又增一病。

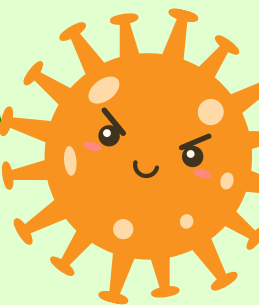
作者 / 何佳真 繪畫 / 邱文櫻、楊皓麟



TAKE CARE OF YOUR BODY.

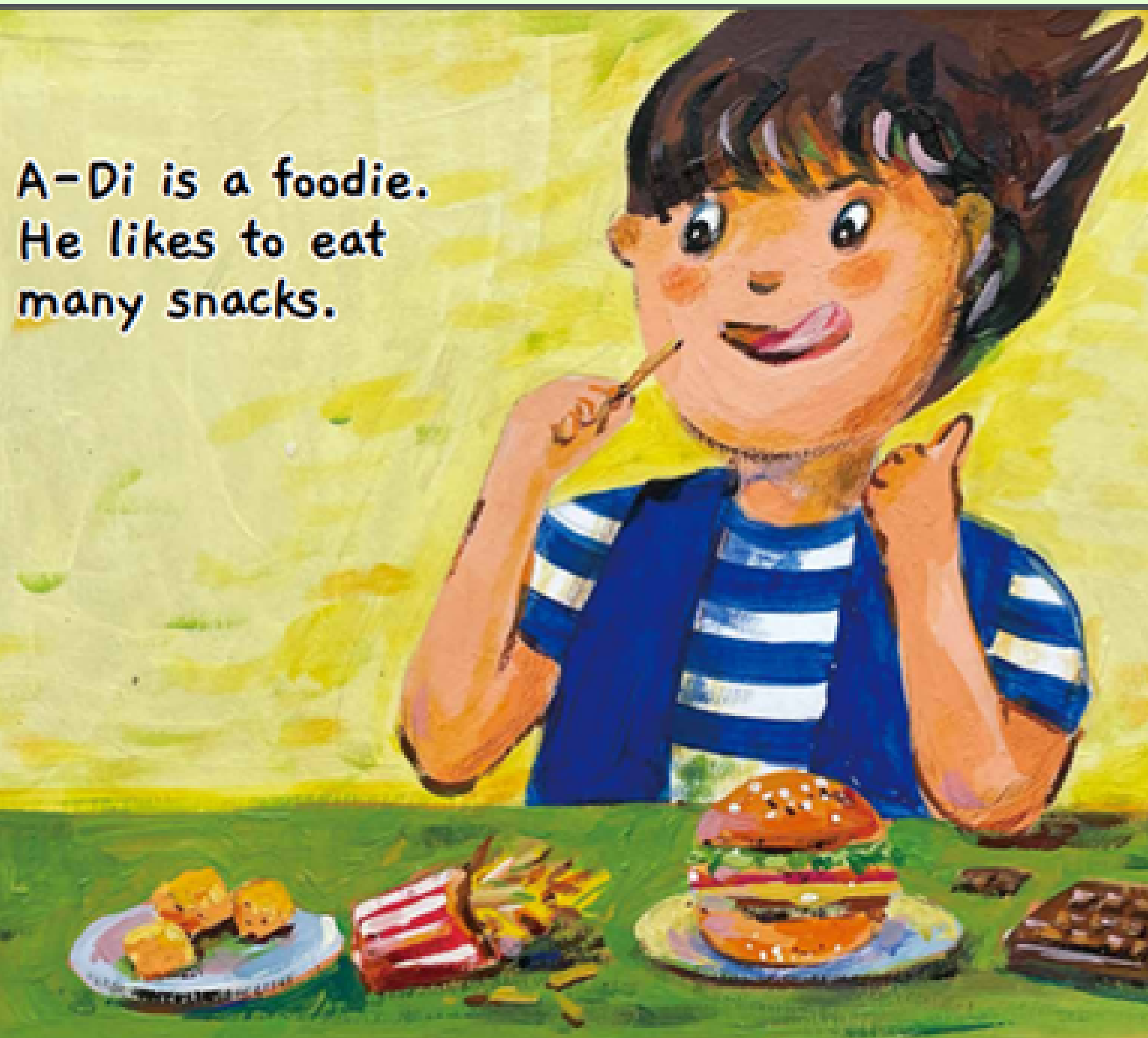
任教年級：二年級國語/跨域生活

By : Tr. Yan





A-Di is a foodie.
He likes to eat
many snacks.

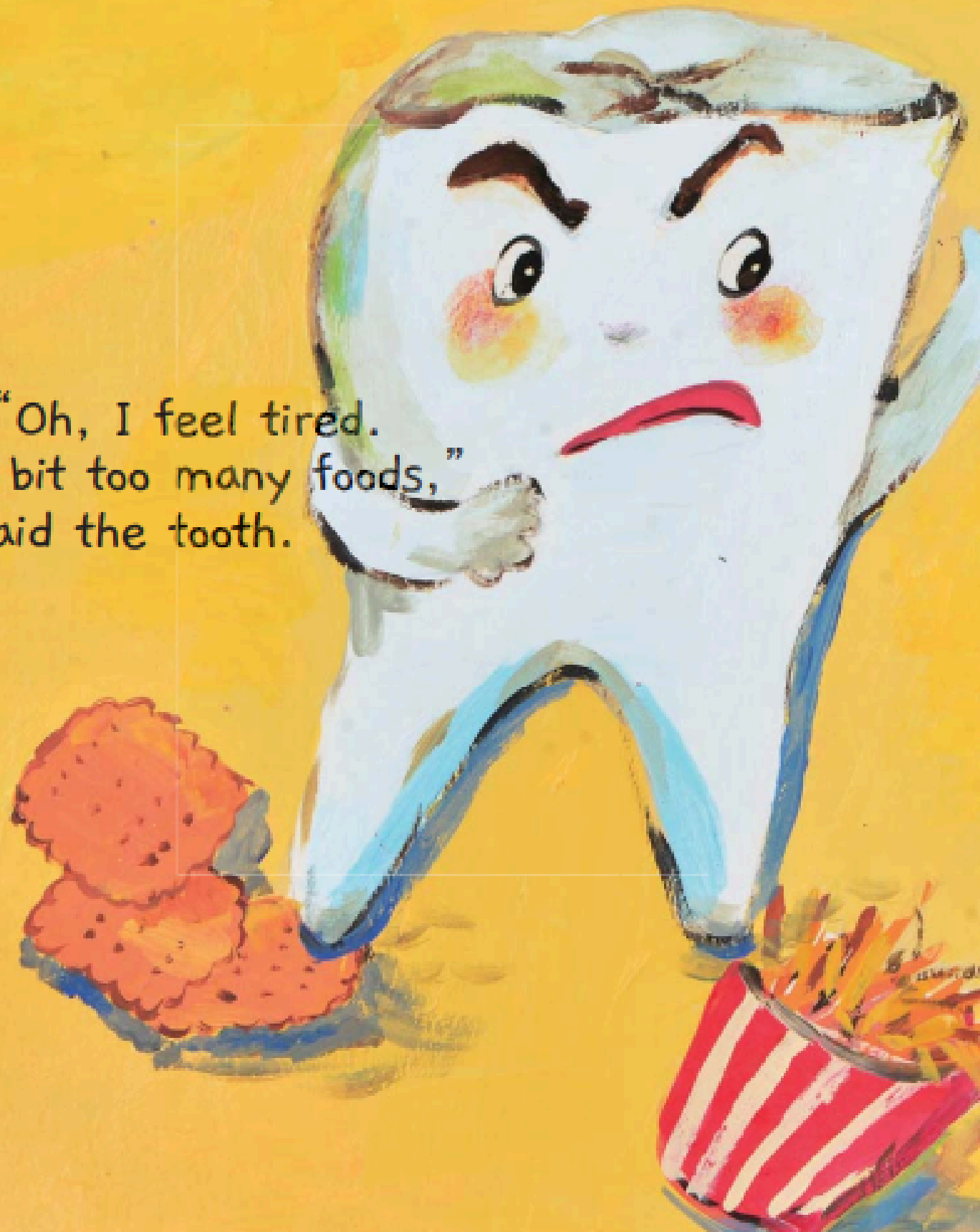


What happened to A-Di?



A-Di heard an argument.

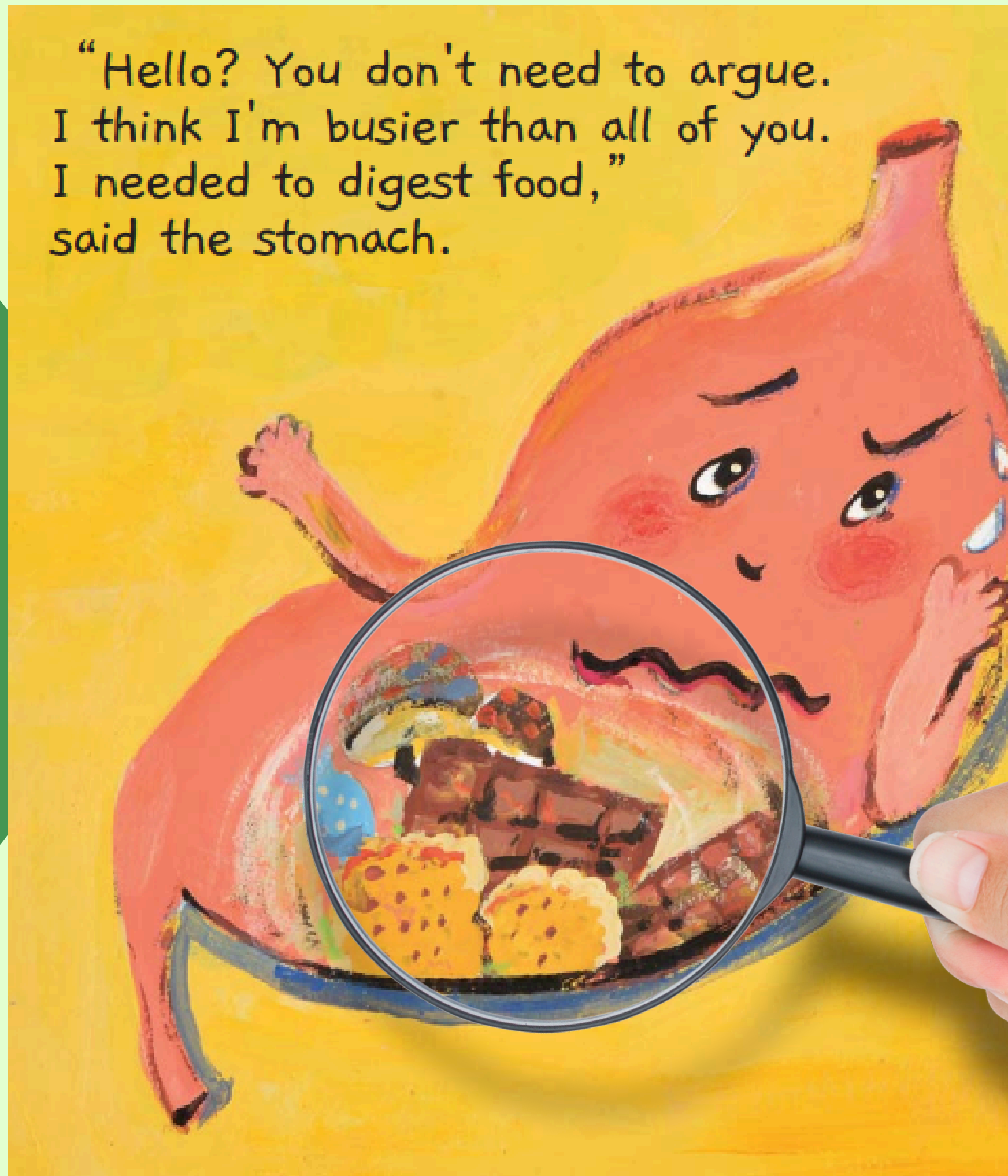
"Oh, I feel tired.
I bit too many foods,"
said the tooth.



What happened to A-Di?



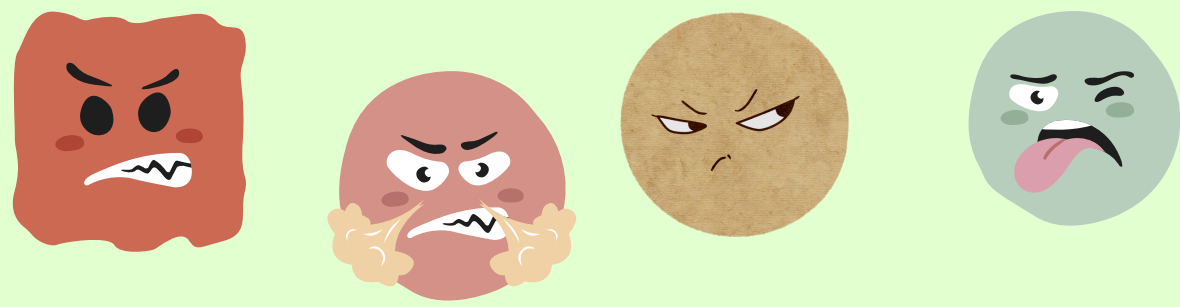
“Hello? You don't need to argue.
I think I'm busier than all of you.
I needed to digest food,”
said the stomach.



What happened to A-Di?







How do they feel?



What happened to A-Di?





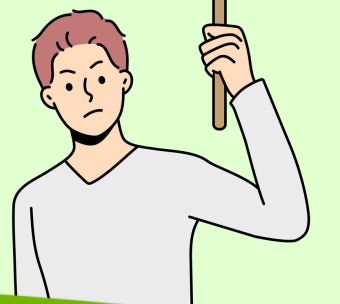
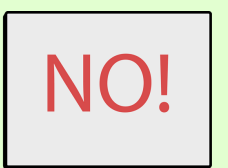
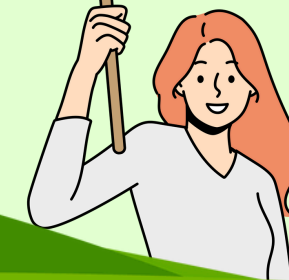
All of you are very important.
But you always think you're
more tired than others.

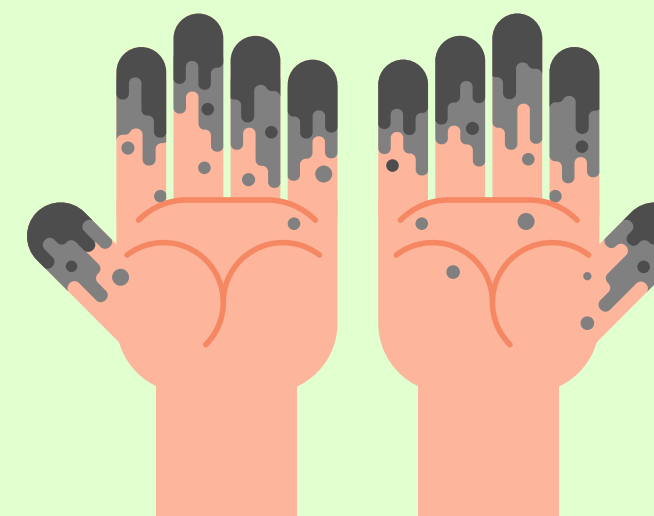
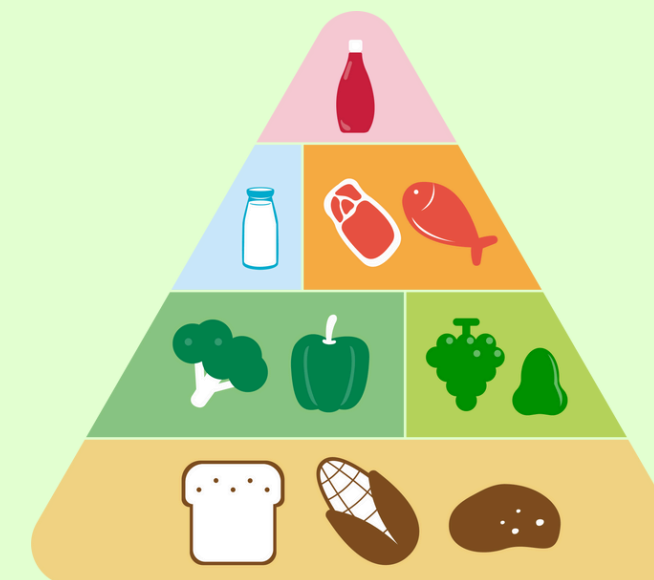
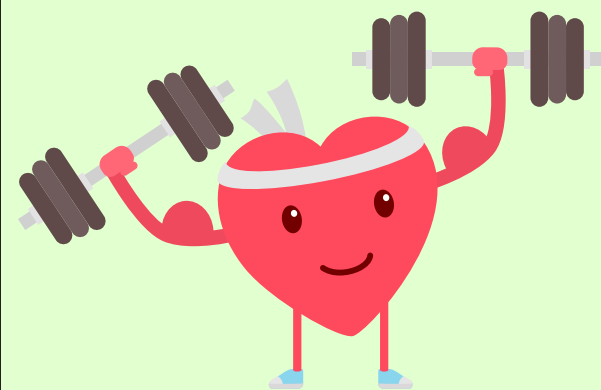
Today, you complained
and stopped working.
So A-Di has to go to a hospital.



How to help A-Di?







I want my body to say **YES** !



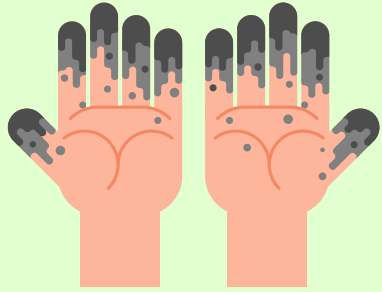


Take care of your body.

好々好々照顧々自己々





Before eating, 

After eating,





Wash Your Hands Song | Music for Kids | The Singing Walrus



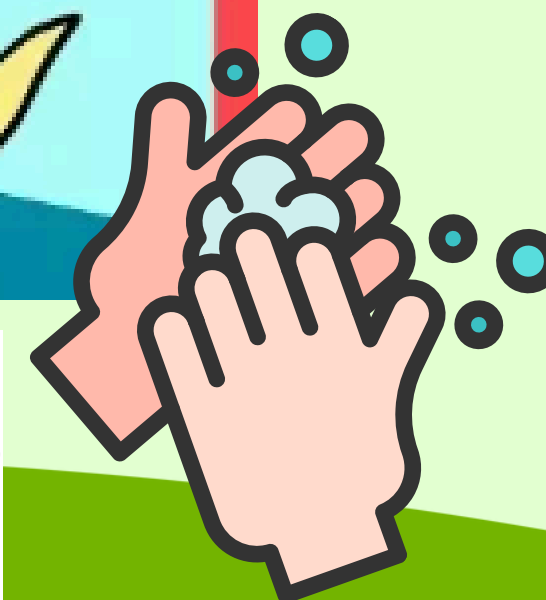
Wash Your Hands Song



Watch on  YouTube

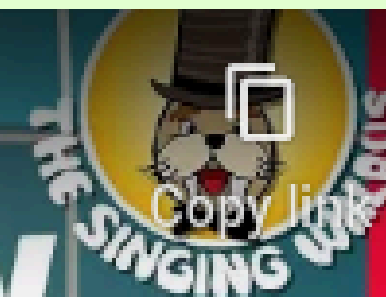


洗手

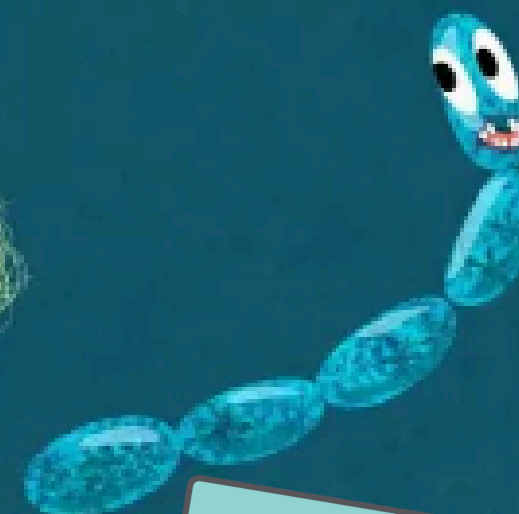
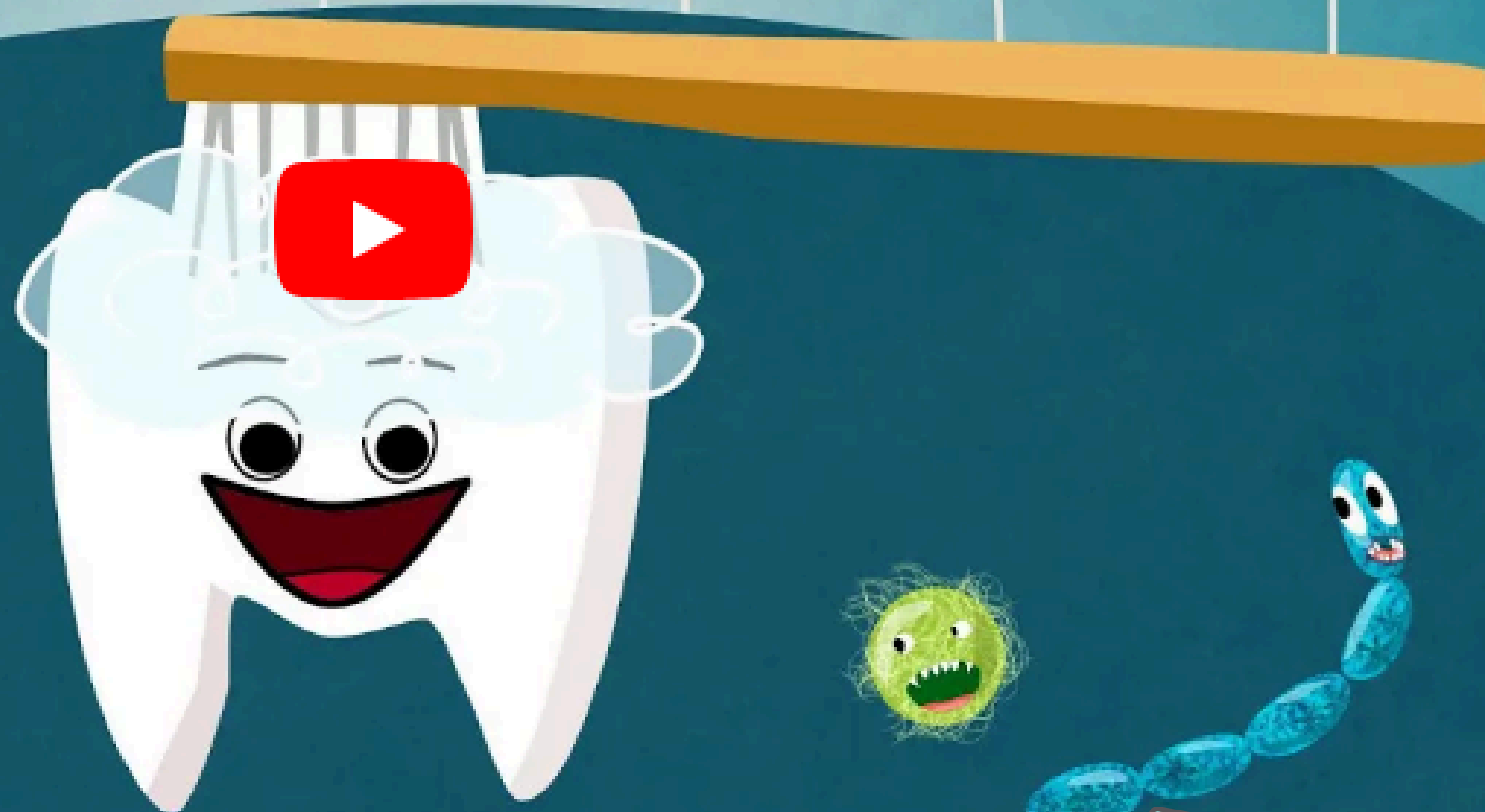




Tooth Bugs Go Away | Brushing Teeth | The Singing Walrus



Tooth Bugs Go Away



Watch on  YouTube

刷牙

