Let's play volleyball 基本控球 **Basic Ball Control**

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可以用身體任何部位擊球

It is legal to contact the ball with any part of a player's body.





但建議還是用手擊球

Using hands is recommended.

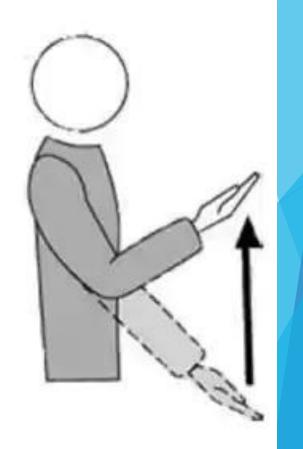




犯規動作-持球:將球接住或拋擲而出 It is illegal to catch, hold or throw the ball.

Catch





犯規動作-連擊:連續擊球兩次 It is illegal to hit the ball twice in succession







比賽看看哪一組可以連續打最多下 Let's play and see which group can hit the most balls in a row.

Hit the ball **high**.



目標球打到**隊友面前** Aim the ball toward your teammate's front.

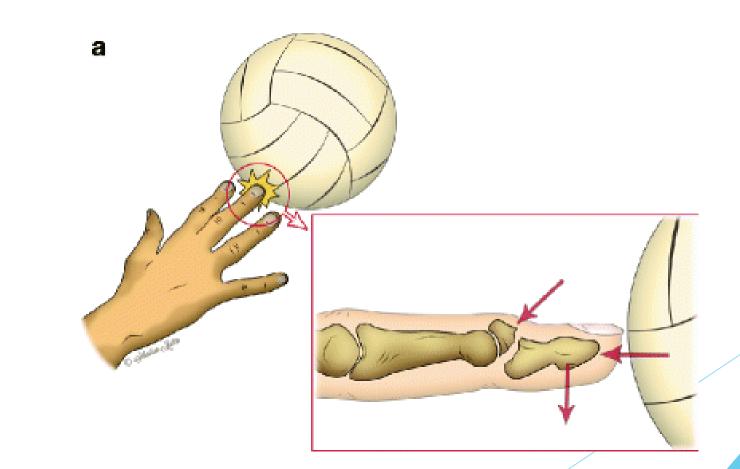








Don't use your **fingertips** to hit the volleyball.



不要在教室玩真的排球 Don't play real volleyball in the classroom.



Question 1 What parts of the body can you hit the volleyball?

(A) Hands
(B) Feet
(C) Head
(D) Any Part

Question 2 What does this hand signal mean?

(A) Come here
(B) Give me the ball
(C) Stand up
(D) Catch

Question 3 What does this hand signal mean?

(A) Victory!
(B) World peace
(C) Scissors
(D) Double contact

